

The Birch Log

The Birchwood Lakes Colony Club monthly meeting: Monday October 12, 2009

7:30 p.m. at the Clubhouse. All residents are welcome and encouraged to attend.

A Monthly Community Newsletter

Welcome!

Are you new to the neighborhood or currently not a member of the Colony Club? The Birchwood Lakes Officers and Directors meet monthly to address current issues. This is where all neighborhood decisions are made. Think about getting involved.



*"Even if something is left undone, everyone must take time to sit still and watch the leaves turn."
- Elizabeth Lawrence*

Community News



Don't be shy. We want to hear all about what's going on with our friends from the neighborhood.

Phosphate-Free For You and Me

Since we live in a community centered around a pristine lake, preserving the health of that lake is important. These tips will help us to do that.

Fall Ed Eck Day

Keep an eye out for signs around the neighborhood letting you know when the Fall Ed Eck Day will be.



Call for Board Nominations

Board members are being sought for the Birchwood Lakes Colony Club neighborhood association. Eight Officer positions and two Director positions on the BLCC Board of Directors are available to be filled during the Annual Meeting on November 20, 2009.

Serving on the Board by attending monthly meetings is a great way to contribute to your neighborhood. The meetings are held on the second Monday of each month to conduct normal business of the Club. Meetings are open and any member is welcome to attend.

Volunteering for the Board is a great way to get to know more of your neighbors and to feel more connected to the community. Please refer to the Club website, www.birchwoodlakes.org for a full explanation of the responsibilities associated with each of the various positions.

You may nominate yourself for a position or you may suggest someone else you think would respond positively to the nomination. If you are new to the neighborhood, or to volunteering for BLCC, you may want to consider a Director position. Directors provide their input as community members and pitch in for projects as needed.

The Annual Meeting is held on the third Friday in November in accordance with the Colony Club by-laws. This meeting is convened specifically for the purpose of electing new Officers and Directors for the coming year. Last year the meeting was immediately followed by an informal get-together, which was a great way to improve attendance and bring residents together to mingle over wine and cheese.

To nominate yourself or a neighbor, please leave a message for Carol Kontos-Cohen at 609.714.2203

If you have any questions about a position you may also speak to a board member.

October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			October 2009	1	2	3
4	5	Bulk Trash Pick-up	6	7	8	9 Apple Festival
Brush Collection Begins	11 Board Meeting 7:30	12	Recycle Pick-up	13	14	15
16	17	18	19	20	21	22
23	24	Halloween Parade 7:00 Main Street	25	26	27	28
Brush Collection has Ended	29	30	31			
						Halloween (Trick or Treat Hours 3 - 8 p.m.)

Avoid Phosphorus for Lakes' Sake

In an effort to protect water quality, Vice-President of Lakes, Bill Brown, is asking all BLCC members to consider using phosphorus-free lawn fertilizer this fall.

Most lawns do not need additional phosphorus. Soil already provides all the lawn needs.

We know that when phosphate levels in our waterways get too high, aquatic plant growth gets out of control, depleting oxygen and damaging water quality. Lower oxygen levels eventually lead to killing off fish and other organisms. The additional algae reduces recreational appeal and has a negative impact on the odor and taste of drinking water.



So what can you do?

- Use less fertilizer. Many lawns are over-fertilized.
- Avoid letting fertilizer run off turf.
- Don't fertilize when the soil is saturated with moisture.
- Avoid getting fertilizer on driveways, sidewalks and storm drains.
- Rake and recycle leaves in the fall. Don't let them blow into the lake.
- If you use a commercial lawn service, ask them to use phosphorus-free products.
- Phosphorus-free fertilizer is readily available.

Community Corner

This space will be reserved for happenings submitted by BLCC members.

'Philadelphia 3-Day' Goal Reached

Beginning Friday, October 16, 2009, I will participate in *The Philadelphia Breast Cancer 3-Day*, a 60-mile fundraising walk. I have met my pledge goal of \$2,300 and I have many of you to thank for



helping me to achieve this. With your help I raised over \$1,100 at the yard sale held at the clubhouse last March. I have also reached out to many of you personally for additional financial support. I thank you all for your generosity.

You may have seen me out walking around Medford over the past several months training for the 3-day walk. I've put in lots of miles, and feel ready. The walk will begin at The Willow Grove Mall on Friday, October 16th and end 60 miles later at the Philadelphia Naval Shipyard on Sunday, October 18th. Right now, I'm just hoping for a dry weekend! Thanks again.

-submitted by Nora Zurzolo

BLCC Resident in Louisville Ironman

Joe Zurzolo competed in his second Ironman competition on August 30th, 2009 in Louisville, KY. For those of you not familiar with an Ironman, it is considered by some to be the ultimate athletes' endurance race. It starts with a 2.4 mile swim, followed by a 112 mile bike race, and finished with a full marathon, 26. 2 miles. Joe competed in his first Ironman in 2007 in Lake Placid, NY. His time for that event was 12 hours, 34 minutes. His time improved in Louisville to 12 hours, 3 minutes. WAY TO GO, JOE!

-submitted by a friend

Congratulations

Birchwood Lakes resident Mary Lynn Reynolds, Executive Director of the Mental Health Association of Southwestern New Jersey, will receive the *Ann Klein Award* later this month. The award is given annually by the New Jersey Community Health Law Project honoring the recipient's invaluable contribution to mental health.



An Awards Dinner is held each year to honor Klein, former Commissioner of the NJ Department of Human Services, who was instrumental in establishing a community-based system of care for people with mental and physical disabilities.

Past honorees have included legislators, scientists, advocates, corporate leaders, reporters, and entertainers.

-submitted by Carol Kontos-Cohen

Please e-mail submissions for Community News to Kerry Brown: kerrybill@comcast.net



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